

Fitness DVDs for Older Adults & Beginner Exercisers!

**"Your Body is Meant to Move" DVD
and
"Moving Right Along" DVD**

DVD ORDER FORM

Full Name:			
Address:			
City, State, Zip:			
Email Address:			
Phone Number:		FREE Email Newsletter: Yes <input type="checkbox"/>	No <input type="checkbox"/>

1 "Your Body is Meant to Move" DVD

Exercise Video:	Quantity: _____ 1 for \$24.99 ea. / 2 for \$44.99	\$
1 FREE Exercise Resistance Band with every DVD ordered:	<input type="checkbox"/> RED (easy) Qty: _____	INCLUDED
	<input type="checkbox"/> GREEN (medium) Qty: _____	
	<input type="checkbox"/> BLUE (heavy) Qty: _____	

Order
1 DVD for \$24.99
or
2 DVDs for \$44.99
(either 2 of same DVD, or a combo of both!)
 ~
3 or more DVDs (in any combination):
Contact us for
bulk-order discount!

2 "Moving Right Along" DVD

Exercise Video:	Quantity: _____ 1 for \$24.99 ea. / 2 for \$44.99	\$
1 FREE Exercise Resistance Band with every DVD ordered:	<input type="checkbox"/> RED (easy) Qty: _____	INCLUDED
	<input type="checkbox"/> GREEN (medium) Qty: _____	
	<input type="checkbox"/> BLUE (heavy) Qty: _____	

3 Additional Bands & Total

Exercise Bands @ \$5 each:	<input type="checkbox"/> RED (easy) Qty: _____	\$
	<input type="checkbox"/> GREEN (medium) Qty: _____	
	<input type="checkbox"/> BLUE (heavy) Qty: _____	
Total Number of DVD's: _____		\$
TOTAL		\$
Maryland Residents ONLY Add 6% Sales Tax:		
Shipping & Handling for 1 DVD:		\$ 4.99
Shipping & Handling for 2 DVDs:		\$ 5.99
TOTAL DUE:		\$

4

Payment Is EASY!

Pay by CREDIT CARD on our website at www.draFitness.com
or

Make Checks Payable to "Dave Reynolds and Associates, LLC" and

Mail Form Back to:
Dave Reynolds & Associates, LLC
2100 Edgewater Parkway,
Silver Spring, MD 20903

Please allow 7 days for delivery.

QUESTIONS?
Contact us at 301.439.3274,
or
email draFitness@comcast.net

GIFT CERTIFICATES AVAILABLE!